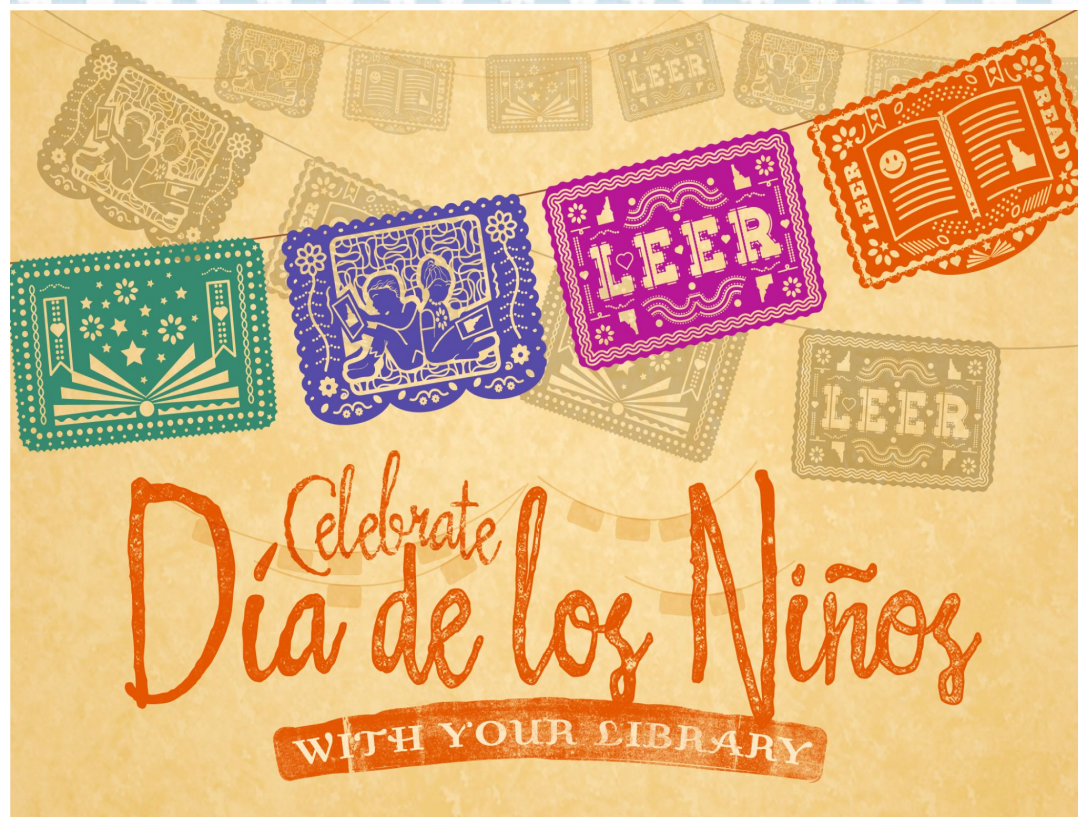
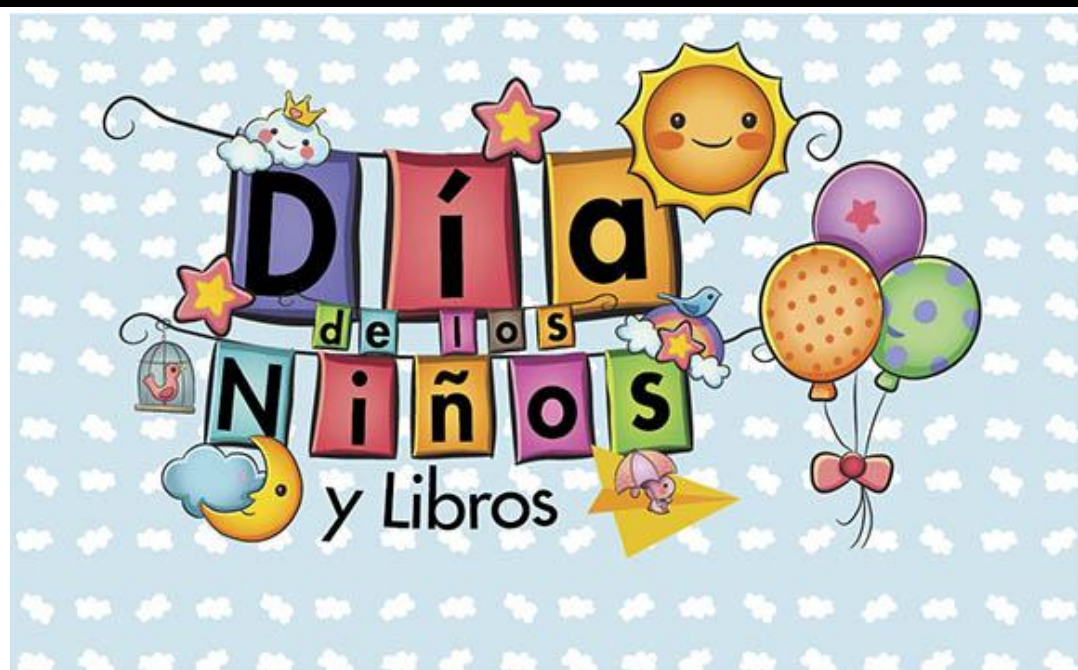


The Heights Headlines

Reaching New Heights!

Día de los Niños!



Introduction

Friday, April, 28th, 2023 is Día de los Niños. Día de los Niños means day of the kids. Día de los Niños was officially declared a holiday in 1925. At CHES, it's a very fun school event started by the Spanish World Language Program. The event includes cotton candy, dancing, face painting, candy, games and ice cream. We celebrate Día de los Niños to celebrate and pay homage to kids throughout history. This is a day for kids to have fun with their friends. Ty Covington, one of the creators of the WLP, is in charge of the Día de los Niños celebration at CHES.

Origins

Día de los Niños was first celebrated in 1925. The holiday started to take off after "The World Conference for the Well-being of Children" in Switzerland. It was first declared a national holiday in the Republic of Turkey, in 1920. It took place on April 30 and it has been nationally celebrated since then. Every country celebrates it on very different days. Some in September and some in June.

Dates

The dates for Día de los Niños are all different around the world. The most common day to celebrate it in the United States is on the second Sunday of June. At CHES, we celebrate it a lot closer to the date that people in Mexico celebrate it on. People in Mexico celebrate it on April 30th. On this day or the closest weekday, schools celebrate with games, music, sharing food, and some schools make piñatas. Some families don't even go to school at all and have a celebration at the park or at home. But in the United States, Día de los Niños happens before Mothers Day and Fathers day. If you want to see when other countries celebrate, go to Wikipedia and look up the article titled "Children's Day"

Beautification Day

By Henry W

School Beautification Day is when kids and parents go to the school to clean up the school by cutting hedges, cleaning up trash, and painting the school in beautiful new colors. This year, School Beautification Day was on Saturday, April 15 from 9 am to 1 pm. The host was Silvia Krasuk. People worked on painting tires pink, weeding, putting up new hooks for classrooms, leaf blowing, and raking. The event had food and drinks too, like water, coffee, and snacks. There were about 100 kids and parents that attended School Beautification Day this year. I asked some kids what they thought of it. Stella G from Room 28 said "I liked it and wished we could have done more." Santiago K-B from Room 15 said, "I liked working and playing with my friends on Beautification Day." I liked it too. It was fun cleaning up the school and it was fun playing on the yard too.



Autism Awareness Month

By Nico K

Did you know that for every 100 kids, one of them has autism? Autism is a condition that stunts development in the brain. Not everybody knows, but April is actually Autism Awareness Month or AAM. The goal of AAM is to show that people with autism can do a lot of things people free of autism can do. A lot of people underestimate the things people with autism or other disabilities can do. Don't be fooled by their appearance. Sometimes, people who are on the autism spectrum are actually better at things than people who are not. People with autism deserve all the opportunities people without autism have. A lot of people with autism succeed in life. Some of those people include Tim Burton, Albert Einstein, Daryl Hannah, Dan Aykroyd, Michael Jackson, Mozart, Benjamin Banneker and even Eminem! All of these people are on the spectrum, but the world wide symbol for autism is "The Puzzle Piece." The Puzzle Piece represents all people with autism, on all levels of the spectrum.





Earth Day

By Ryan D. and Stella G.

Each year on April 22, more than a billion people celebrate Earth Day to protect the planet from pollution and deforestation, by participating in activities like picking up litter and planting trees. Earth Day is celebrated to bring awareness to Earth's needs. Today, people try to make our world a happier, healthier place to live. According to the National Geographic Society, "Earth Day is an annual celebration that honors the achievements of the environmental movement and raises awareness of the need to protect Earth's natural resources for future generations." Did you know that back in the 1900s, there were no legal or regulatory mechanisms to protect our environment? Earth Day was created because there was no EPA (United States Environmental Protection Agency), Clean Air Act, Clean Water Act, or other environmental protections. In spring 1970, Senator Gaylord Nelson created Earth Day as a way to force this issue onto the national agenda. A good activity to do on Earth Day is to make art from recyclables to help the Earth. On Earth Day, look for ways you can Reduce, Reuse and Recycle throughout your home and city.

Holidays in April

By Luis Y., Aaron E., and Leon G.

This month there were a lot of holidays. In this article, we are going to talk about both Easter and Ramadan. Easter is a holiday that has a different date every year. Many people celebrate Easter by doing an egg hunt, or by having a party or an event. Easter is a very fun holiday for kids and adults. I really enjoy this holiday because of the fact that you can do egg hunts and other fun things. Easter is a Christian holiday where people celebrate Jesus Christ. Easter is also related to pagan celebrations for the spring equinox, also known as the vernal equinox.

Now we are going to talk about Ramadan. This year, Ramadan started on the evening of Wednesday, March 22 and ended on the evening of Thursday, April 20th. Ramadan is a holiday where you don't eat or drink anything during the daylight hours. This is called fasting. Ramadan is a Muslim holiday that is celebrated in Turkey, Egypt, India, Morocco, and elsewhere. Ramadan is usually celebrated by praying, singing, and sometimes saying positive quotes. Ramadan starts at the new crescent moon and lasts for 29 to 30 days. Just like Easter, the beginning of Ramadan falls on a different day every year.



Jazz Appreciation Month

By Stella G.

This month we celebrate a particular type of music: jazz! There are many jazz artists such as Miles Davis, Billie Holiday, and John Coltrane but where did jazz come from? Jazz has roots in European harmony and African rhythmic rituals. In the 1890s, soulful melodies, and upbeat dance tunes united with the sound of brass instruments, and jazz began to emerge. Buddy Bolden, an African-American bandleader was named "The First Man of Jazz" by a historian, Donald M Marquis. Jazz is characterized by swing and blues notes, complex chords, call-and-response vocals, cross-rhythm, and improvisation. It is said that the king and queen of jazz are the wonderful singers, Louis Armstrong and Ella Fitzgerald. In February, 1931 Louis and Ella swept people off their feet with a song they wrote together called, "Dream a Little Dream of Me." This is one of Ella's most famous songs. Louis had a different song. He was most known for a song called, "What a Wonderful World," and according to various articles about jazz, it's the best jazz song ever created. I agree! Louis Armstrong was by far the best jazz artist to exist.



Jazz Appreciation Month



MISS QUEZADA
4th Grade
World Language Program

A Woman Who Changes Lives

By: Maayan T.

The teacher of the month for April newspaper is Corina Quezada. She has inspired many of her students by pushing them to be their best and by showing them every day how much she cares about them. Every teacher has a reason to teach. In Ms. Quezada's case, she has a sister with a learning disability and she remembers helping her with her reading when she was a kid. That's when she decided to help others like her sister. Ms. Quezada began as a preschool teacher, which slowly led to her becoming an elementary school teacher. She is now at Castle Heights Elementary School as a bilingual teacher in the Spanish immersion program, marking her sixth year teaching. When asked what the most important factor behind her success is, she stated, "My students. I want all of them to succeed." She said that she looks at her students as future engineers and doctors. She even has free tutoring sessions available for students in her class that need help. Furthermore, in her free time Ms. Quezada enjoys ice skating, rollerblading, and swimming at the beach. She is a fun person both inside and out of school! Ms. Quezada has impacted me by helping me be eager to learn again after being home with distance learning during Covid, and she is one of the best teachers I have ever had. She is such a kind, caring person, and her students are thankful for that.

To learn more about Maayan's job as an interviewer, go to: <https://recruitingforgood.com/interview-by-11-year-old-girl-opal-a-woman-who-changes-lives/>. Her pen name is Opal.



11 YEAR OLD "OPAL"
INTERVIEWS WOMEN IN LA
WHO USE THEIR VOICE FOR GOOD

Entertainment

Throwback to the '90's

By Camila S.

Have you ever seen "The Parent Trap" with Lindsay Lohan? If not, then you are missing out on the laughter that you could have experienced. So if you don't like 90's movies, move on to the next article. "The Parent Trap" is about two long-lost twins named Hallie and Annie. But there is a catch: they don't know they are twins. In the movie, they both go to an 8-week sleep-away camp without knowing anything about each other. On the first day of camp, Annie challenges Hallie to a fencing challenge. It quickly gets out of hand and Annie trips into a big bucket of water! Soon after, the twins begin fighting, and the counselor makes them sleep in a cabin together to talk it out. While in the cabinet, they agree that they got off on the wrong foot. They talk about their birthdays and they realize that they share some similarities. They then realize they are twins! One night soon after, they decide they want to switch places so they can get to meet their other parent because, until then, Hallie lived only with her dad and Annie only with her mom. So the adventure begins!

Book of the Month

By Kristelle M.

Miss Quinces is about a girl named Suyapa who has a school assignment where she has to write a comic, but she ends up traveling to Honduras. When she discovers that her mom has planned her quinces (a birthday party when you turn fifteen), she needs to survive her unexpected party. This book is written by Kat Fajardo and published by Scholastic in 2022. It has 256 pages and is a graphic novel. Its main action takes place in Honduras. It is perfect for kids who want to learn traditions and cultures around the world.

Movies of the Months: Old Classics

By Ripley H and Tess G.

This month, we are reviewing old classics, like "Mary Poppins," "101 Dalmatians," "Snow White and "The Seven Dwarfs," and "Singing in the Rain."

Mary Poppins:

"Mary Poppins," for those who haven't seen it, is a movie about a father who doesn't know how to play or have fun with his children. One day, the children's nanny leaves because she can't handle them. So the parents hire a new nanny named Mary Poppins, who takes the children on a magical adventure and shows the father how to see his children for who they are.

Singing in The Rain:

"Singing in the Rain" was released in 1952 and is a film about the transition between audio in movies and silent films. The movie is a musical with comedy and a lot of dancing. The story starts with a famous actor named Don Lockwood. While he and his jealous screen partner are trying to transition to movies with sound in Hollywood, he falls in love with a chorus girl. He also meets someone who tells him he's not a real actor and sets out to prove he is by being in the first audio film. At first, it doesn't work out, but they decide to make it a musical. But his partner doesn't want this and tries to stop them.

101 Dalmatians:

This movie is about two dogs who have 101 dalmatian puppies. Cruella de Vil, the villain, sees the two dogs before they have their puppies. When they do have the puppies, she goes to their house and tries to persuade the owners to sell the puppies to her. Cruella then later tries to steal the puppies. She succeeds, but then the puppies' parents get them back.

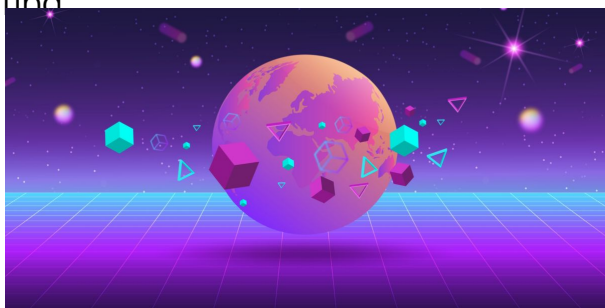
Snow White and The Seven Dwarfs:

"Snow White" is one of the most popular and classic Disney princess movies. It's about a princess who is escaping from her evil stepmother, the queen, because the queen is jealous that she isn't the fairest of them all, and Snow White is. As Snow runs through the woods, she stumbles upon a cabin. She cleans it and realizes 7 dwarfs live there. They all have names based on their emotions. The queen realizes that Snow White is still alive and tricks her into eating a poisoned apple. Snow White almost dies. Then a prince comes, kisses her, she wakes up, and they live happily ever after.

Tech/Gaming Metaverse Technology

By Andrew R.

Metaverse technology is a way to do things in a 3D world, where the possibilities are endless. A lot of games use metaverse tech for game development. It's very complicated because the metaverse is endless. In games like Roblox, Minecraft, and any virtual reality game, you use metaverse tech. Metaverse tech can also be used in the real world. Doctors can use it to monitor a person's heart rate in a virtual environment. The metaverse is a single, shared, immersive, persistent, 3D virtual space where humans experience life in ways they could not in the physical world. Anyone with a computer or smartphone can tap into a metaverse experience. Metaverse tech is truly amazing. Now, go explore the metaverse and see what you can find



Sports

The 2023 NFL Draft

By Ryan D.

Did you know that this year, it is the 88th annual meeting of the NFL teams? And that they will be drafting and selecting new players? According to Wikipedia, the 2023 NFL Draft "is scheduled to be held in the plaza outside of Union Station in Kansas City, Missouri, on April 27-29, 2023." Did you know that the Bears have the first overall pick for the first time since 1947 with a big decision to make? According to the 2023 NFL Draft Big Board: PFF's top 150 prospects, "The QB Bryce Young, from Alabama is the number one draft prospect for 2023".

The NBA Playoffs

By Freddy P.

The NBA playoffs are here: the Lakers beat the Timberwolves 108 - 102 on April 12. Then the Miami Heat went against the Atlanta Hawks; Hawks won. Then the Heat and Bulls squared off at a play-in tournament game in Miami. The Bulls suffered a great defeat. Miami went on to the playoffs and as a result had a victory against the Milwaukee Bucks. Oklahoma Thunder went against the Pelicans and lost, which means that Thunder had to play against Timberwolves, Oklahoma did not take the win. The Timberwolves then played the Denver Nuggets and the Timberwolves lost the series.

Ja Morant got injured in Game 1 against the Los Angeles Lakers. Morant went for a layup but failed and landed awkwardly on his left hand and said the pain is a "ten out of ten". Most likely, he will not return for Game 2, which gives L.A. another advantage of winning the series.

Food

Squid Ink Pasta

By Yosi A.

To make the squid ink pasta, I used this recipe:
<https://www.serious-eats.com/squid-ink-pasta-black-recipe>

Steps:

1. Make the dough
2. Let the dough rest
3. Cut dough in half
4. Start to boil water
5. Roll out the dough
6. Put it through pasta maker to make it thinner
7. Add salt to the boiling water
8. Put it through pasta maker to cut it
9. Boil the pasta
10. Take it out and put it on a plate
11. Season it
12. Enjoy!!!

Ratings

Yosi A. rated the pasta 9 out of 10 or 4.5 stars. He said, "It was a nice smooth and delicious pasta with a hint of squid ink. The overall rating of the recipe on the website is 4.5 stars."

History

Squid ink pasta was made by Sicilian fishermen who were looking for a way to use all of the cuttlefish. It was a great invention and a fantastic way to reduce waste. Squid ink pasta tastes like a strong salty and earthy-fish flavor. Squid ink pasta is a delicious dish and you should make it at your home.



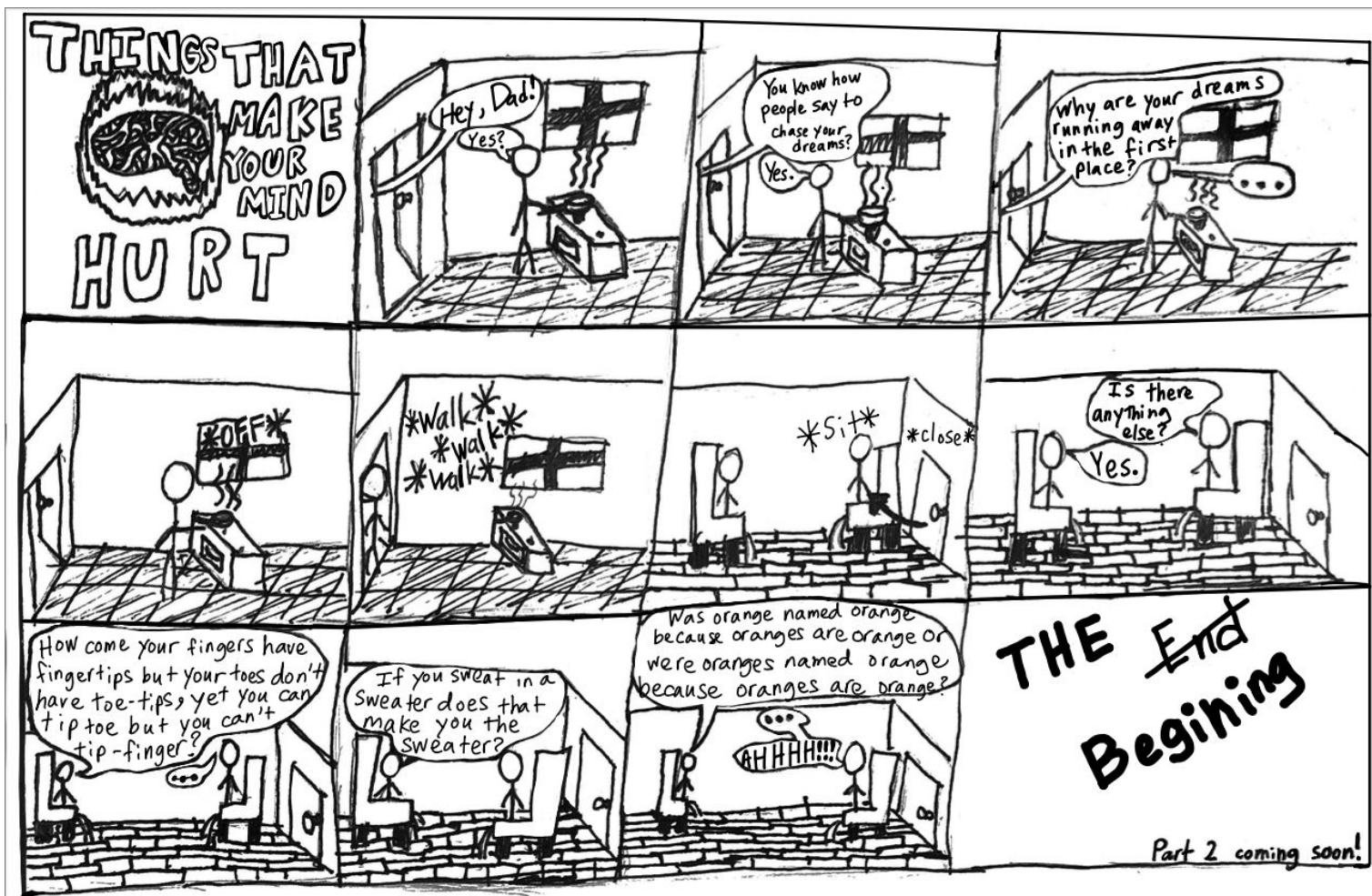
Comics

An Ulterior Motive

By Tess G.



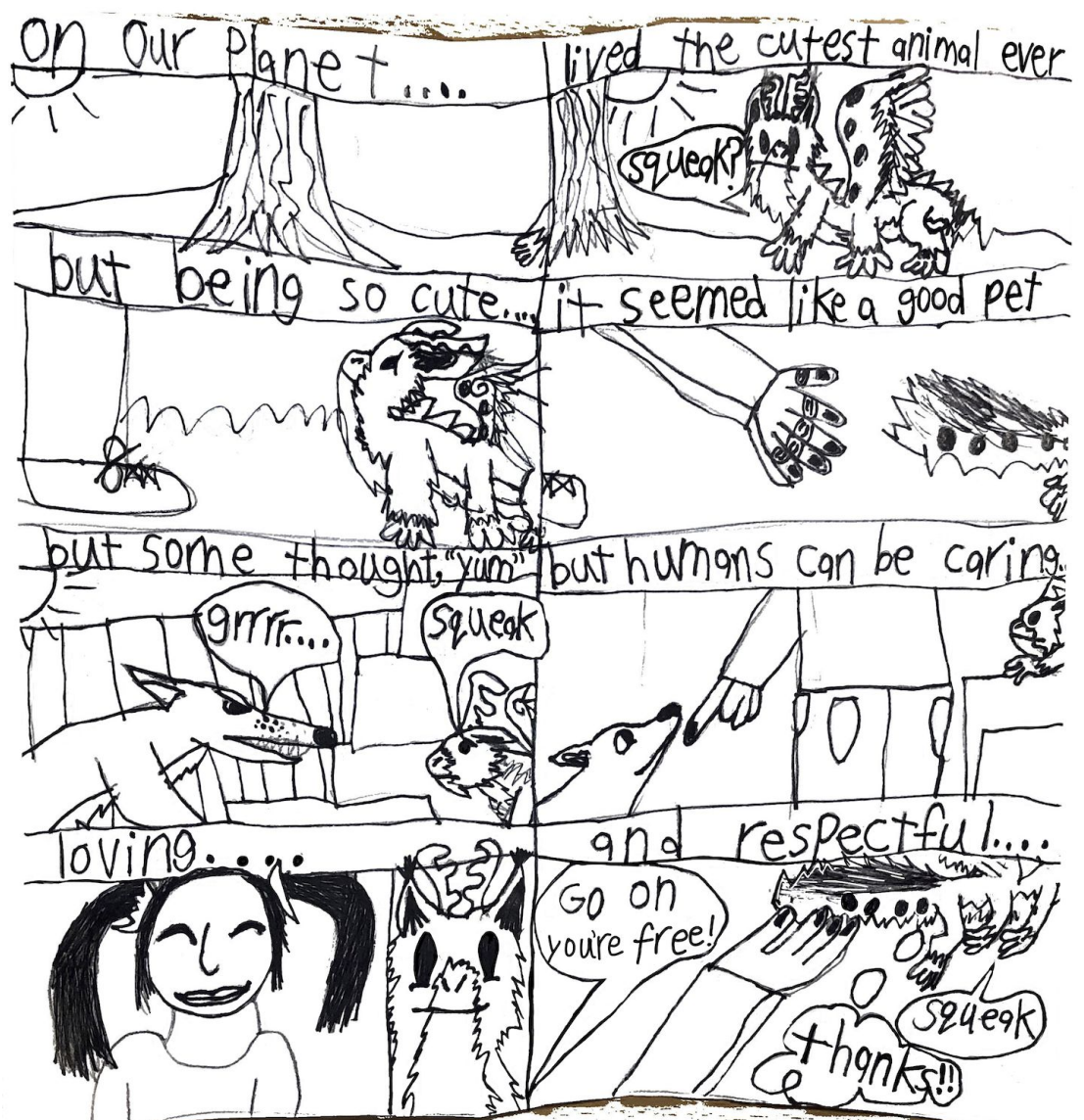
Comics



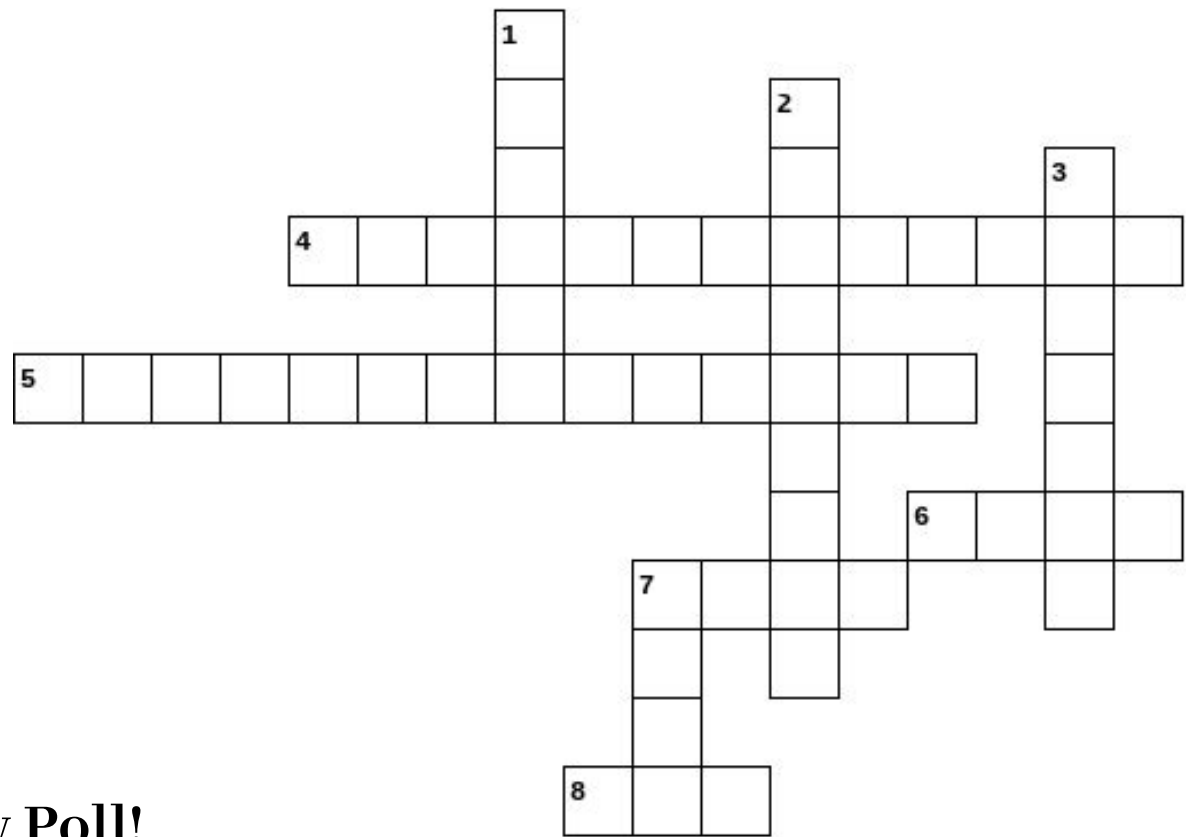
Things that hurt your mind *By Dax C.*

The Cutest Creatures

By Toni M.

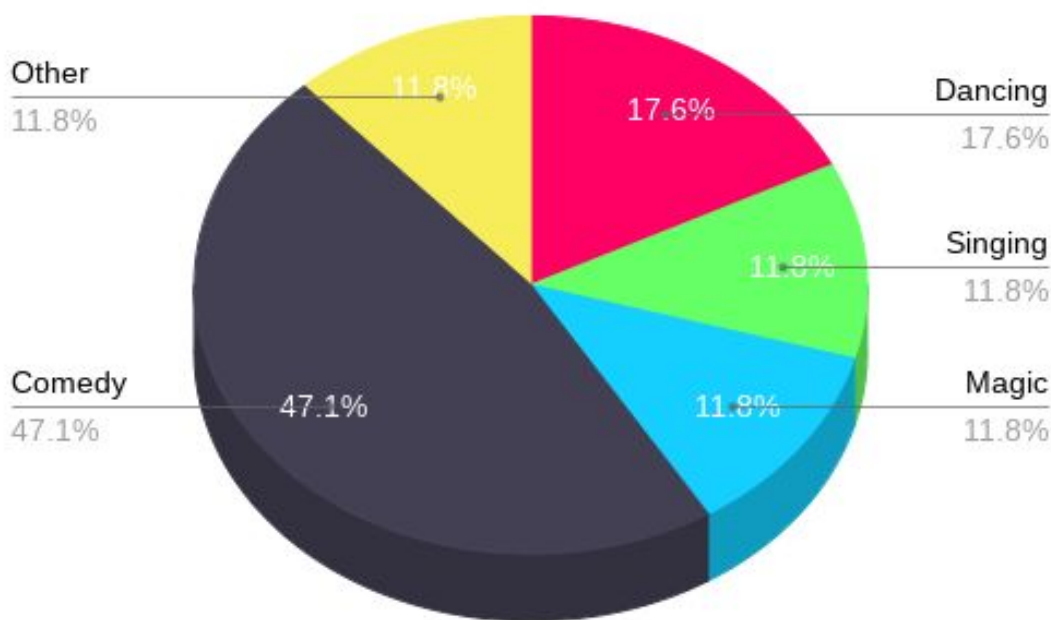


April Crossword Puzzle



The results of the Talent Show Poll!

Talent Show Poll Results



Down

1. _ is a disability that stunts development in the brain
2. What do you eat on Easter?
3. What do you do during Ramadan?
7. The CHES talent show is April _

Across

4. The April 1st is _
5. Who is the King of Jazz?
6. Earth day is on the April _
7. Dia de los Ninos is on the April _
8. April is the _ month of the year

Poll



Answer this poll to say where you went for spring break. You can scan it using your phone or computer.

Sudoku

			1	4	8	9		
				9				
7	4							
			4	6		9		
	1	2		3		6		
		8				7		4
							8	
			6		3	4		
			7	2				

Letter from the Editor



I can't believe that we are already on our 5th edition of The Heights Headlines! This month, we had such a fun time putting every article together and had almost everyone contribute to this month's newspaper. A big thanks to our new teacher, Mrs. Diosdado, for staying calm, even in hectic situations (which happen a lot in our class!). Again, huge thanks to the team, for working on the newspaper even on the weekends! Also special shout-out to all the moms and dads that sent the photos for the newspaper. The newspaper would be so drab without them, so thank you! And of course, to you readers, huge thank you for picking up a newspaper and reading it. You guys are the reason why we have the newspaper. Oh, and before I forget, shout-out to Erin Sorensen for making a beautiful webpage for the Heights Headlines on the Castle Heights website, with all the past and present editions. Again readers, thank you so much for being here for us. Happy reading!

Lyla P.
Editor-in-Chief

The people that made it work

Editor-in-chief: Lyla P.

Main Writers: Nico K, Stella G, Maayan T, Henry W.

Photographers: Tess G and Toni M.

Gamemasters: Maayan T, Andrew R and Stella G.

Food: Yosi A.

Sports: Ryan D, Freddy P, Henry W and Kristopher L.

Entertainment: Ripley H, Nico K, Camila S, Kristelle M.

Tech: Dax C, Leon G, Luis Y and Aaron E.

Artists/Comics: Dax C, Toni M, Tess G, Yosi A.

