

The Heights Headlines

Reaching New Heights!

Astro Camp



On May 1st, all fifth graders went to AstroCamp. Located in Idyllwild, California, AstroCamp is a really fun summer camp and some schools even go for field trips there! Every fifth grader had a great time. Everyone arrived on one of two buses.

Even though there were a number of rides and fun experiences, AstroCamp provided many learning experiences for the students. There were many different classes, and activities. The classes took place in classrooms while the activities were outside. Our favorite class was Atmosphere and Gases. In this class, we learned all about pressure. We saw what happens when you suck the air out of marshmallows. First, they blow up into big spheres, and then they turn into raisins! Even though this happened, they were still edible. So each member of my group was given a marshmallow to taste.



Later on in this class, we learned about freezing cold matter. We got to touch dry ice even though it is -109°F . Then we learned about liquid nitrogen. It is -321°F . Even with these freezing cold temperatures, our counselor poured some onto the floor! The group's feet rose as cold steam from the liquid nitrogen wandered across the floor. Then, our counselor brought us a bowl of chips. She poured liquid nitrogen into them and then gave one to each of us to eat! It was delicious.

Our favorite activity was the Skycoaster. The Skycoaster was super fun! It sounds a lot different than what it actually is. One of the counselors attached our harnesses to a rope while we stood on a ladder. After it was secured onto our harnesses we stepped off the ladder and hung in the air. Everyone else in the group pulled on a different rope that pulled us into the air. When we got as high in the air as we wanted to go, we tugged on a ball tied to a string that released us as we swung into the air. It was similar to a swing, if, of course, you're swinging in the air.

In other classes, we tried to design things to protect a water balloon from breaking, and learned about different types of light. These different lights included UV lights, infrared, and X-rays. In other activities, we ziplined, hiked, did a water activity that included building while staying underwater, and played games with our group. Astro Camp was an amazing experience that we are glad that we had.



Steps that Care

Tess G and Dax C



On Saturday May 6, Ms. Casady, a 3rd grade teacher organized the “Steps that Care” walk for all of the parents, staff, and other close people we have lost to cancer. The importance of the cancer walk is to spread awareness to the kids at Castle Heights. There were many people who came to support this event. Of course the main one was Ms.Casady, although other people contributed, such as Issac, Lyla, Zane, Tess, Stella, and many more. These people will never forget this experience.

Ms Casady has done a lot for the school, for she brought us mindfulness, she brought awareness to recycling, and she brought us Steps that Care. To contribute to this article, we interviewed Ms Casady.

Our first question was, “What is the most important part of the walk?” **Ms Casady:** Bringing the Castle Heights community together to do good for others outside of the community and teaching young students, such as yourself, all about this and why it’s important for you to know.

Our second question was, “What does this walk mean to you?” **Ms. Casady:** I really created it because we have lost so many moms here at Castle Heights and two of them were parents in my class. Because these parents are dying of cancer, we need to spread awareness to our students, so they understand these unfortunate events.

Our third question was, “How did you feel when you saw how many people showed up for the walk?” **Ms. Casady:** I was so happy to see the people who showed up, but I was a little sad that more people didn’t come.

This is actually the 6th time we have done Steps that Care at Castle Heights. **Ms. Casady:** Most of the school doesn’t know much about Steps that Care, because of Covid. We started the cancer walk at our school in 2015, because we used to do the breast cancer walk out of the school. But, unfortunately, they stopped it, and so I brought the cancer walk to the school.

Spring Auction

NICO K.

The CHES 2023 spring auction auctioned off nearly 400 packages including Dodgers tickets, teacher for a day, and even free Costco orders! 3 different Dodgers tickets were sold at a combined price of \$845! 2 tickets to a live taping of America’s Got Talent were won by me, Nico! The first place winner of Dudley’s Golden ticket raffle was also won by my mom, Silvia. A free tooth whitening session from Jillian Boettcher was auctioned at a winning bid of \$140. Shark Tank contestant, doctor and Castle Heights mom, Katie Marks-Cogan auctioned off a free gift pack from her baby food company, **Ready, Set, Food!**, at a winning bid of \$25. Modern therapy company, Okay Humans, auctioned off 3 talk therapy sessions with a licensed therapist. The winning bid was \$65. A private 2 hour flight on a Cirrus SR22 with Castle Heights parent Thomas Richter was won by Anonymous . The winning bid was \$200. Private gourmet chef Marissa Gallani offered an 8 person dinner party. The winning bid was \$145. Unfortunately, there were just too many items on the auction list, and we could not fit all of them in one article. But if you would like to see the whole list, you can go to castleheightselementary.org/spring-event, and then click “visit the online auction.”





Mothers Day

Camila S.

Have you ever wondered how Mother's Day was invented? Did someone just say, hey let's be nice to our mom today? Even though we should always be nice to our moms, how did a day that was solely for the purpose of celebrating our mothers come to life? The story of Mother's Day started when Anna Jarvis was inspired by her mom. Her mom did everything for her. In 1905, her mother passed away. She decided to make Mother's Day a day to celebrate the sacrifices that our mothers made for us. Mother's Day should be every day, not only one day. So this Mother's Day, take a moment to thank the special woman in your life who has made such a difference. Whether it's your own mother, grandmother, or another maternal figure, show them how much they mean to you.

Memorial Day

Henry W.

This Memorial Day will be on the last Monday of May, May 29. Memorial Day honors the men and women who died in the army in the U.S. Family members of dead soldiers that were in the military visit them in a cemetery. There are also parades that people attend. The largest parades are in Chicago, New York, and Washington, D.C. Memorial Day is a federal holiday in the U.S. so usually companies give their employees the day off, and schools give students the day off too. Memorial Day started by honoring the people who died in the Civil War, then later, when the U.S. got into more wars, Memorial Day honored the people who died in World War I, World War II, The Vietnam War, The Korean War, and the wars in Iraq and Afghanistan. For a long time, Memorial Day was celebrated on May 30th, the date that a Civil War General, General Logan picked for the first Decoration Day. But in 1968, Congress moved the date to the last Monday of May, so federal employees had a three-day weekend. The change happened in 1971 and the same law also declared Memorial Day a federal holiday.



Be Kind to Animals Week

Stella G.

In April, we have Earth Day, a very recognized and celebrated holiday, but in May, we have a less recognized holiday, even though it is just as important as Earth Day. In May, we have a holiday called Be Kind to Animals Week. It starts April 31st and ends May 6th. There are many organizations that help animals year-round, like ASPCA and Star Eco-Station. ASPCA stands for: American Society for the Prevention of Cruelty to Animals. These organizations have helped hundreds of thousands of animals in need to find their forever home. Part of the way they saved all these animals is with people's donations. In total, people have donated over 100 million dollars to help animals all over the world. Star Eco-Station helps more exotic animals. Some might have been smuggled to places where they don't belong. Some animals that were smuggled have diseases like rabies, but there are people around the world that help them: Veterinarians! Veterinarians or vets for short, are animal doctors. They specialize in helping animals around the world. There are specific types of vets. There are reptile vets, bird vets, dog vets, cat vets, and even vets for horses. If we didn't have vets, a lot of animals might not have been able to survive. Some animals don't have homes, which makes it difficult to find food. So they become skinny, skinny enough you can see their bones which is terrible. There are places that take in these animals and feed them, so they don't die of starvation. These places are called pet shelters. Pet shelters take care of the animals and then help them find their forever home. If you want to help donate to animals in need, you can scan either of the QR codes here.



Teachers vs. Students Softball Game

Ryan D.

June 2, 2023, is the Teachers vs 5th softball game. And every year the teachers always win, but that is going to change this year. The school gives you a choice to bring your own gear, as in batting gloves, catching gloves and ect. Every student gets to bat only once so every kid gets a turn and no one gets left out. I have a feeling this year, the 5th graders are going to win. Because in my opinion, this year we have an athletic group of kids. Last year I was able to play with the teachers and they won. Last year, it did not seem like any of the kids even tried. So no wonder the teachers won. But almost everyone I know here plays a sport. This year, our fifth grade will make history and we will finally beat the teachers. What do you think? Do you think the 5th graders or the teachers will win?



Multilingual Showcase

Nico K, Andrew R, and Kristelle M.

The Multilingual Showcase is an annual event for bilingual students to showcase their writing and creative skills. It is also a competition where students can receive awards from 1st to 3rd place for their work. This year, the Multilingual Showcase took place on Saturday, May 13th. Ms. Carrillo worked around the clock to ensure that our students got a chance to participate. Breakfast and lunch were provided. Many students from other schools attended.

The students spent several weeks creating projects about what they are passionate about. The 5th grade class showcased their individual writing in their passion projects, as well as their school newspaper, *The Heights Headlines*. Unfortunately, the internet was down during the event, so the projects were judged later.

The 1st place winners for Castle Heights were Felix Diaz and Nicolas Krasuk-Brown. The 2nd place winners for Castle Heights is the fifth grade WLP class for their newspaper, *The Heights Headlines*.

Winning this award means so much to the first-ever graduating class of the World Language Program. We have overcome many obstacles this year, with teacher replacements and many weeks with substitute teachers that did not speak Spanish, so we are very proud to place on the podium. Our class being described by MMED as a representative of WLP and Castle Heights is such an honor and it means a lot to our school.



Teacher Appreciation Week

Kristopher L, and Toni M

Do you know what Teacher Appreciation week is? Teacher appreciation week is a week to celebrate your teachers. It's also a week where you can give your teachers a gift to show that you acknowledge and enjoy their class and lessons. Teacher appreciation week is celebrated throughout the entire first week of May. LAUSD is encouraging students to celebrate it here at Castle Heights. Teacher appreciation should not be just one week that you have to be nice to your teacher, it should be every day that you should be nice to your teacher. Let's tell you some of the traits and ways to celebrate.

First, let's talk about the celebrations. Teachers will often have parties for the lower grades to celebrate. They might have kids bring food, or have free time, or even time to play outside. But the upper grades might not get to have a whole party, they might just bring a few gifts or thank you cards. What did you give to your teacher?

You can celebrate teacher appreciation however you want. But whenever and wherever you do it, just remember to thank your teacher for everything he or she has done for you. Try to remember what you learned from them and remember if you ever taught them anything. And remember to congratulate your teacher for getting you far in both knowledge and kindness.



Entertainment

The Super Mario Bros. Movie

Maayan

The movie of the month for the last newspaper of the year is *The Mario Movie*. Written by Matthew Fogel, it was a pleasure to watch. Nintendo and Illumination teamed up to create this amazing movie. I will rate this movie by different topics. **Animation:** The animation in this movie is perfect. It was realistic in a cartoon way and I like how they brought the characters to life, so 5/5. **Plot:** I like the Mario Brothers origin story, and it was a nice way to start off the movie. The references were amazing! It made the movie much more intriguing. But, the plot was too fast paced and it was predictable. But they still did well for 1:30 min. Overall, 4/5. **Characters:** Here are some of my favorites. Luigi: Charlie's voice was absolutely fitting for Luigi and fits his personality so well. Peach: Her voice was interesting so it took some time to get used to, but I like how they gave her a different take and instead of having her as a damsel in distress, they made her a stronger ruler. Toad: Toad was hilarious, fun and cute! Despite the fact that Peach is a fighter, he still wanted to protect and fight for her. Bowser: Jack Black was absolutely phenomenal as Bowser! I adore how he's menacing, but at the same time, he's a big softie. 5/5. Final Rating: 4.7/5!

Book of the Month

Kristelle M.

This is Not A Drill is about a girl named Ava who goes to middle school, but suddenly there is a lockdown. On that same day, her parents are getting divorced. It is in a text message format, which means that it is as if you are looking at someone's phone. In this case, you are looking at Ava's phone, since she is the main character. The setting of the book takes place at a middle school called Lila o'Lowry Middle School. This book was written by K.A. Holt on May 17, 2022. Published by Scholastic Incorporated, has 192 pages. It is perfect for kids who like action and who want to experience how it feels to be in a lockdown.

Movies of the Month:

Ripley H and Tess G.

Since this is our final newspaper, me and my friend, Tess, who helped me with this article, decided to write this review about musicals. I'm not a huge fan of musicals but I know everyone loves them. The musicals we've picked are *Tangled*, *The Nightmare Before Christmas*, *The Sound of Music*, *Encanto*, and *Coco*.

Tangled: Tangled, the 2010 movie, was a big success. The story is about a princess who was taken from her family after a witch found out she had magical hair that can heal and keep people young. She was kidnapped when she was a baby, and was locked in a tower. The hair made the kidnapper, called Mother Gothel, stay young. She told the girl, named Rapunzel, that she was her mother. One day a thief, named Flynn Ryder came and climbed up the tower. Mother Gothel was gone, so Rapunzel was defensive and smacked him in the face with a pan, and he was knocked unconscious. Once he woke up, she made a deal with him that he would take her to the lanterns that she had been dreaming to see in person all of her life. So Flynn agreed to take her all the way to the castle. And the adventure begins!

The Sound of Music: The Sound of Music is about a family who has 7 children and one father. The mother died and the father was so sad he banned all music and singing. The father hired a nanny and didn't realize that she loved to sing and dance and was teaching the children all about it. The most famous song in this musical is called "Do-Re-Mi." You may have heard it even if you haven't seen the movie. After the father finds out about this, his children convince him to let the nanny stay here and not fire her. After that, the father then marries Maria, the nanny, because he realizes how much he loves her.

Encanto: Encanto is one of the most popular Disney musicals. It was released in 2021 and was a big success. It's about a family with special powers that they get when they're young. There are 10 members in the Madrigal family, and everyone has a power, except for one, Mirabel. Their house is called Casita and is also magical. After Mirabel's 5 year old cousin gets powers, Mirabel starts to notice cracks in the house. She thinks that Bruno, her uncle, who left the town and who has the gift of seeing in the future, is the reason why this is happening. Mirabel tries to uncover his last vision and sees her standing in front of Casita and it's all cracked and destroyed. Her dad discovers the vision and Mirabel's other cousin, who can hear everything, finds out. She tells everyone and then Casita breaks more. Mirabel's sister feels her powers weakening and Mirabel meets Bruno. Later, Casita is completely destroyed. Mirabel's mom later explains how Casita was built and the family helps rebuild it. Mirabel puts a new doorknob on the house and Casita comes back to life.

Coco: Coco is a movie about a boy named Miguel whose family does not like music at all. Miguel doesn't understand why and thinks his ancestor, Ernesto de la Cruz, has the answer. He goes to his grave and steals his guitar. He suddenly is able to see the dead and crosses a bridge made of flowers into the land of the dead only to find out Ernesto is not his ancestor. His ancestor is someone named Hector who is being forgotten by his daughter. So Miguel has to go back to the living but his ancestors are preventing him from doing so by saying he can only go back if he doesn't play music ever again. And eventually they let him go back with no consequence and he can save Hector from disappearing forever.

Tech/Gaming

Dax G.

The Legend of Zelda just came out on May 12, 2023. The Legend of Zelda, Tears of the Kingdom is the most recent add-on to the Zelda series. LZTOK (Legend of Zelda, Tears of the Kingdom) is supposedly the next game to play after you finish Legend of Zelda, Breath of the Wild. Although LZTOK is going to cost quite a lot of money it is probably worth it. We have been seeing trailers of LZTOK since 2019 and the wait is finally over. Lots of people are going to buy it on the first day because people know that the one before was really good. There has been so much talk about LZTOK and finally we get to see for ourselves what it is really like.

Tears of the Kingdom



Sports

Dash for Dudley

By Freddy P. and Leon G.

Dash for Dudley has arrived. It occurred on May 5, 2023. Dash for Dudley happens every year in Castle Heights Elementary School, because it's a fundraiser where kids from 1st to 5th grade run as many laps as they can in 15 minutes. For each lap you do, the school gets money for the pledges that you get per lap. After every lap, the students get a rubber band. If they get tired, they have cups of water. Also, after the students run their laps, they count their rubber bands, and after they count, they go to a table and the parents write the number of laps they ran. They then give you a popsicle.

Then parents donate money to the school to help pay for field trips such as the museum, zoo, AstroCamp, etc. But the most crucial part is the team colors on the Dash for Dudley. You are supposed to wear a color that they tell you to wear. There are usually 4 colors: red, yellow, blue, and green. Dash for Dudley is a fun event and everyone there had a fun time.

Soccer

AARON & LUIS

We are going to be talking about soccer in this article. Soccer is a sport where you can only use your feet to kick the ball or dribble it. The main goal of soccer is to score a goal in the net of the goalkeeper. The goalkeeper's job is the most important, because if there was no goalkeeper, the other team could just score whenever. In soccer, there are also yellow cards and red cards. You can get a yellow card by fouling a player. There are two ways you can get a red card. Those two ways are by using your hand, or by injuring a player badly. The red card is worse than the yellow card because if you get the red card you get sent off the field; but with a yellow card, the other team gets a free kick or a penalty.

Now, we are going to be talking about offside. Offside is where you pass the ball to your teammate in the other team's box. If you injure a player in your box, the player you fouled gets a penalty. A penalty is when you're allowed to get a free shot without anyone stealing the ball from you, but the goalkeeper is allowed to block the ball from the goal.

Now we are going to be talking about games and transfers. The most famous transfer this year was the player known as Cristiano Ronaldo. He transferred to Al Nassr from Manchester United. A lot of people were shocked about this transfer. And that is all we have to say about soccer.

Food

Chocolate Swiss Roll

By Yosi A.

For the chocolate swiss roll I used this recipe:

<https://sallysbakingaddiction.com/chocolate-cake-roll/>



Steps:

- 1: Whip egg whites & white sugar into stiff peaks
- 2: Beat egg yolks, sugar, & vanilla together
- 3: Sift dry ingredients
- 4: Add wet ingredients
- 5: Fold in egg whites
- 6: Bake
- 7: Invert the warm cake
- 8: Cool in rolled up shape
- 9: While cooling make homemade whipped cream
- 10: Unroll and assemble
- 11: Make chocolate ganache
- 12: Pour on top
- 13: Enjoy!

Ratings

Lyla P. rated it a 9/10 for cake, 10/10 for the whipped cream, 10/10 for chocolate ganache, 10/10 for looks, and said the whipped cream was so good. Loved almost everything about it. Stella G. rated it 9.5/10 for the cake, 10/10 for whipped cream, 9.7/10 for chocolate ganache, 9.3/10 for looks and she said it was delicious. Tess G. rated it a 9.3/10 for cake, 10/10 for whipped cream, 7/10 for chocolate ganache, 9/10 for looks, and said the whipped cream was marvelous.

About

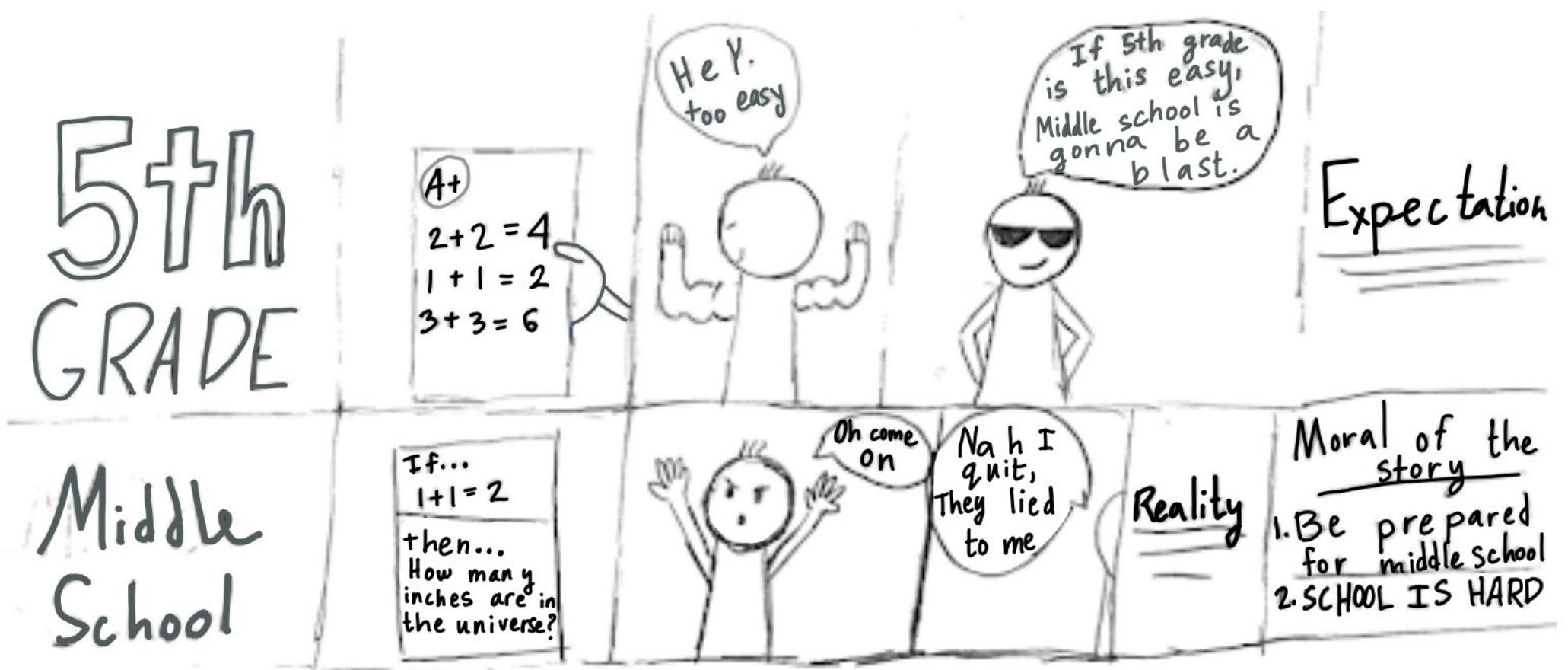
Swiss rolls appear to have been invented in the nineteenth century in central Europe, along with Battenberg cake, doughnuts, and Victoria sponge. In the U.S., commercial versions of the cake are sold with the brand names of Ho Hos, Yodels, Swiss Cake Rolls, and others. A type of roll cake called Yule log is traditionally served at Christmas. You can store a swiss roll for up to three days. Swiss rolls were popular from 1852 to 1877. A swiss roll is light, fluffy, and tender, but the filling and ganache make it deliciously rich. It's full of sweet, chocolatey flavor, and the Swiss roll cake will practically melt in your mouth.

Comics



Silhouettes & Dragons

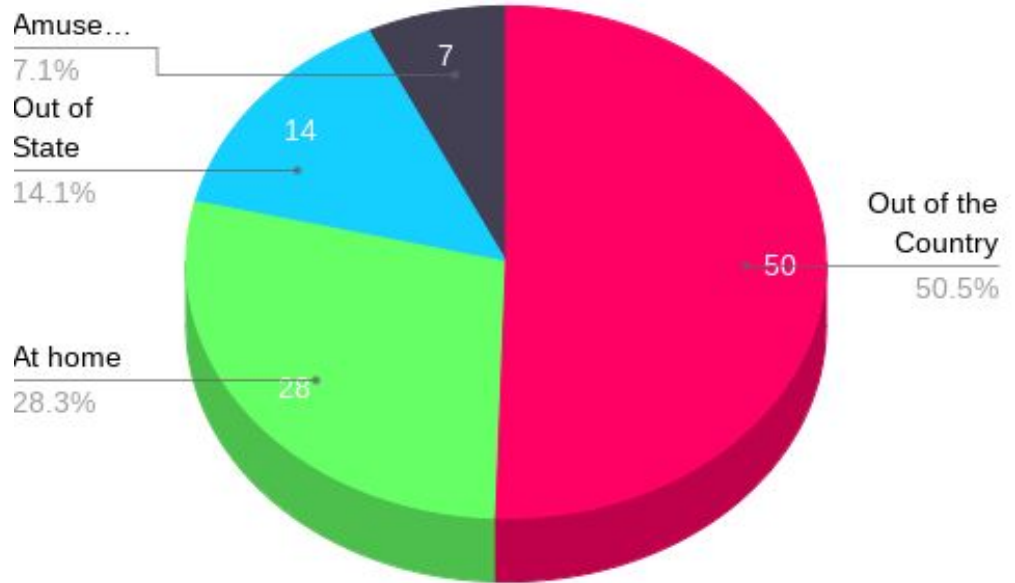
Toni M.



Expectation vs. Reality

Stella G.

May Crossword Puzzle



The results of the Spring Break Poll!

Across

- 2. Doctors for animals
- 3. If you know 2 languages, you are _
- 5. What did 5th graders do from May 1st to May 3rd?
- 6. Steps that Care is created to raise an awareness of _
- 7. In the Teachers vs. Students game, what sport are they playing?
- 8. What is the event that happens on the 5th of may?
- 9. What is the book of the month?

Down

- 1. Who invented Mothers Day?
- 4. May is the _ month of the year
- 7. Memorial Day is a day to celebrate the _ who lost their lifes

Word Search

| | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| C | J | N | T | E | A | C | H | E | R | S | I | G | X |
| G | N | T | M | E | M | O | R | I | A | L | D | A | Y |
| G | M | V | F | R | Q | I | E | Q | H | N | M | B | U |
| G | P | A | N | I | M | A | L | S | Q | W | H | L | B |
| A | H | W | Z | F | F | F | Z | Y | H | Q | S | X | X |
| S | O | F | T | B | A | L | L | G | A | M | E | U | M |
| D | K | M | O | T | H | E | R | S | D | A | Y | E | R |
| V | S | T | E | P | S | T | H | A | T | C | A | R | E |
| Q | R | U | U | A | S | T | R | O | C | A | M | P | D |
| H | C | O | Y | Y | H | V | Y | O | B | L | L | B | S |
| D | A | S | H | F | O | R | D | U | D | L | E | Y | P |
| P | B | N | Z | I | O | W | X | J | R | T | V | G | R |
| G | O | O | D | B | Y | E | C | H | E | S | N | Y | J |
| G | D | R | A | G | O | N | S | P | Z | T | N | P | R |

- SOFTBALLGAME
- ANIMALS
- STEPSTHATCARE
- ASTROCAMP
- TEACHERS
- MEMORIALDAY
- DASHFORDUDLEY
- MOTHERSDAY
- DRAGONS
- GOODBYECHES

Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 5 | 3 | | | 7 | | | | |
| 6 | | | 1 | 9 | 5 | | | |
| | 9 | 8 | | | | | 6 | |
| 8 | | | | 6 | | | | 3 |
| 4 | | | 8 | | 3 | | | 1 |
| 7 | | | | 2 | | | | 6 |
| | 6 | | | | | 2 | 8 | |
| | | | 4 | 1 | 9 | | | 5 |
| | | | | 8 | | | 7 | 9 |

The Heights Headlines

Letter from the Editor



Dear Reader,

I hope that when you read this, you have finished the newspaper and enjoyed it immensely. This is the final newspaper that our 5th grade Spanish Immersion class of 2022-2023 has done. We have worked really hard to make this last newspaper the best and most extensive newspaper ever. Hopefully, next year, the new 5th grade Spanish WLP class will keep this amazing tradition going and have as much of a good time as we did. Doing this newspaper has been a great joy to our class, and we even won an award for it at the Multilingual Showcase a few weeks ago.

There are so many people that without them, this newspaper wouldn't exist. Thank you to every teacher and school member that has helped us with this, and for keeping their cool with us even though we are super annoying :). Thank you so much to the parents that have helped put together this newspaper and that triple-checked each article. HUGE thanks to every single person in Room 28 that has contributed to the newspaper, no matter how big and how small. And thank you, dear reader, for reading and staying with us. We hope that you enjoy our newspaper as much as we do. I hope you have enjoyed your year at Castle Heights and continue to have a amazing time.

Lyla P.
Editor-in-Chief

The people that made it work

Editor-in-chief: Lyla P.

Main Writers: Nico K, Stella G, Maayan T, Henry W, Ripley H, Camila S, Tess G, Dax C, Andrew R, Toni M, Kristelle M, Kristopher L

Gamemasters: Andrew R and Stella G.

Food: Yosi A.

Sports: Leon G, Freddy P, Luis Y, and Aaron E.

Entertainment: Ripley H, Tess G, Maayan T, Kristelle M.

Tech: Dax C

Artists/Comics: Dax C, Toni M, Tess G.

